

Laudato Si' Daily Reflections Calendar (February 1 - February 29, 2020)

Daily Prayers:

"Every day, I stand in awe at what people carry rather than in judgement at how they carry it."



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>"It can be helpful to 'Keep our eyes on Christ' as a way to remind ourselves that God is a God of love who guides us, a God whose timeline and perspective is much larger than our own."</p>						1
						<p>Be attentive to the readings at Mass. Mark 4:35-41</p>
2	3	4	5	6	7	8
<p>Be open to God's voice.</p> <p>Luke 2:22-40</p>	<p>Have your throat blessed today.</p> <p>Mark 5:1-20</p>	<p>Be yourself today.</p> <p>Mark 5:21-43</p>	<p>Think before you speak.</p> <p>Mark 6:1-6</p>	<p>Give witness to your faith.</p> <p>Mark 6:7-13</p>	<p>Notice the needs of a stranger.</p> <p>Mark 6:14-29</p>	<p>Smile at someone today.</p> <p>Mark 6:30-34</p>
9	10	11	12	13	14	15
<p>Welcome someone being Christ to you.</p> <p>Matt. 5:13-16</p>	<p>Go the extra mile for someone.</p> <p>Mark 6:53-56</p>	<p>Reflect on your first home.</p> <p>Mark 7:1-13</p>	<p>Make quiet time for yourself.</p> <p>Mark 7:14-23</p>	<p>Pray for the sick and dying.</p> <p>Mark 7:24-30</p>	<p>Be gentle with yourself.</p> <p>Mark 7:31-37</p>	<p>Notice those with special needs.</p> <p>Mark 8:1-10</p>
16	17	18	19	20	21	22
<p>Say something positive about someone.</p> <p>Matt. 5:17-37</p>	<p>Seeing beyond my own agenda.</p> <p>Mark 8:11-13</p>	<p>Give yourself a few minutes of quiet.</p> <p>Mark 8:14-21</p>	<p>Pray for your parents, living and deceased.</p> <p>Mark 8:22-26</p>	<p>Judge no one today.</p> <p>Mark 8:27-33</p>	<p>Help someone carry their cross.</p> <p>Mark 8:34-9:1</p>	<p>Celebrate your giftedness.</p> <p>Matt. 16: 13-19</p>
23	24	25	26	27	28	29
<p>Accept your call to holiness.</p> <p>Matt. 5:38-48</p>	<p>Enjoy your journey of life.</p> <p>Mark 9:14-29</p>	<p>Seek to know yourself.</p> <p>Mark 9:30-37</p>	<p>Ash Wednesday</p> <p>Matt. 6:1-6</p>	<p>What cross am I willing to carry?</p> <p>Luke 19:22-25</p>	<p>Pray, fast, give alms.</p> <p>Matt. 8:14-15</p>	<p>What pushes me from God?</p> <p>Luke 5:27-32</p>

Prepared by Laudato Si', a study and discussion group in Quincy, Illinois, learning about the encyclical by Pope Francis about our common home.

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